

# Spring Newsletter

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## **Our First Newsletter!**

Welcome to Henniker Family Dentistry's first ever electronic newsletter!

The purpose of sending out this newsletter is to help educate and answer questions that our patients might have.

What you may find within our newsletters are upcoming events with the office, product highlights, explanations of services offered in the office, and updates on current dental research.

If you have anything you may want to address in our newsletter, please contact the office.

## Staff Highlight: Enxhi, Dental Assistant!

Enxhi fell in love with the dental field after observing a day in her own dental office. She completed her internship at Henniker Family Dentistry and earned her Professional Certificate in Dental Assisting from NHTI. Enxhi is committed to offering the best care and continues her education each year with advanced training in dental techniques and materials. Enxhi has a special ability

to make each patient feel like a friend and values the opportunity to help her patients feel comfortable and cared for through each visit. Enxhi is originally from Albania and still has family there that she likes to visit whenever she gets the chance. Enxhi enjoys spending time with family and friends. In her free time, she likes to try new foods and travel!

In all parts of her life, she loves to experience new things and meet new people.



## DID YOU KNOW?

Dr. Osofsky does Invisalign right here at the office! Ask your provider for a consult to see if you are a candidate for Invisalign!

## COVID-19 Protocol

Your team here at Henniker Family Dentistry has implemented many changes to make you feel safe coming to the dentist during the COVID-19 pandemic. We are excited to announce that we will slowly start to reopen our reception area. Patients will have the option to either still wait in their car and call when they arrive, sit on the porch, or come inside where we have designated spaced seating. We take the temperatures of everyone who walks through the door, including staff and our delivery drivers! Our team has access to all the necessary protective equipment to protect you and them during your appointment. The five medical-grade air purifiers that we have installed are running all day. Please let us know if there is any other to make you feel safe during this unprecedented time.

### HOW WE ARE KEEPING DENTISTRY SAFE DURING COVID-19

*Take A Look At Our Safety Measures*



Jess



Enxhi



Jess & Katie



Sarah

**Mobile Check-in**

- Upon arrival, we ask that you call the office to complete your no contact check-in
- Once checked-in and screened, our staff will text you that they are ready to meet you at the door to take your temperature.
- While our reception area is temporarily closed, we would love the opportunity to provide you with a fresh bottled water before or after your appointment

**Daily Screening for Patients & Team**

- Required COVID-19 screening questions will be completed prior to entry
- All paperwork, including new patient forms will be completed prior to entry.
- Daily Temperature readings will be taken for both Team Members & Patients

**Risk Reduction & Personal Protection Equipment**

- Medically clean Air Purifiers have been installed in each treatment room
- Increased time between appointments to prepare and sanitize
- Additional Protective Equipment for Team Members as required by OSHA
- Routinely Cleaning and Disinfecting Frequently Touched Surfaces

**Social Distancing & Contactless Checkout**

- Reduced number of Patients & Team members in office
- Option of contactless payments via phone prior to your appointment
- No waiting in our reception area



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## Importance of Periodontal Maintenance

Why do I need to come to the dentist every three months? Many patients ask this great question after they have received nonsurgical periodontal therapy here in our office. Periodontal disease is an infection within the gum tissue that also affects the bone and foundation of your teeth. It can be localized or generalized throughout the mouth, and if left untreated, it can create pain, deeper infection, or even tooth loss. After your hygienist

performs this treatment, she will then tell you that she needs to see you back every three months, but why? The bacteria associated with this disease are prone to reinfect and recolonize in these pockets, putting the disease back in an active state. Therefore, it is important to return in three months, so your hygienist can disrupt the bacteria and prevent further infection. If the patient does not return in three months then it is harder to

get the proper healing that your mouth needs, which means that your hygienist may recommend that we start over with the initial periodontal therapy. The next time you visit your hygienist, ask about your gum health and ways you can prevent the need for periodontal therapy. If you have any questions, please email your hygienist at [hygiene@hennikerfamilydental.com](mailto:hygiene@hennikerfamilydental.com)

For more information about periodontal disease please visit <https://www.perio.org/>

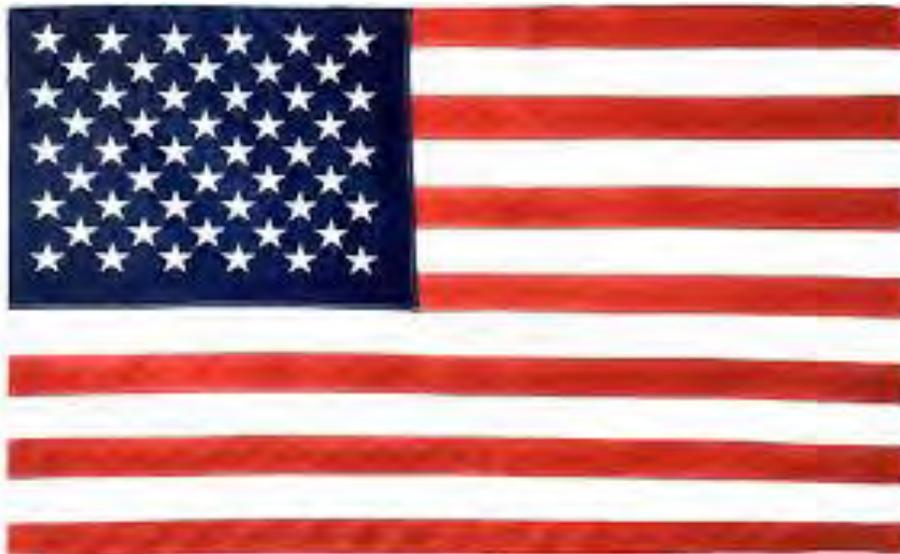


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## Veteran's Day

Please help us spread the word! We are dedicating a day, Saturday, April 10th, to provide free dental care to Veteran's who do not have access. This will be our third year participating in an event near and dear to the hearts of our staff and community.

We will provide many great services such as oral cancer screenings, cleanings, periodontal treatment, and fillings. We will even have an oral surgeon on call who will be able to perform surgical extractions. If you or someone you know is a Veteran and needs dental care, please call our office at 603-428-3419. We are excited to serve those who have served our country!



*"Home of the free because of the brave."*

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Hometown Hospitality



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## Product Highlight: Sonicare!

If you are a patient who has ever been talked to about gingivitis, periodontal disease, or staining, you may have heard us recommend this brush already. An electric toothbrush is proven to remove more plaque and staining than a regular toothbrush. The electric toothbrush recommended in the office has a built-in 2-minute timer as well as a pressure sensor, which will help make sure that you are getting a gentle yet thorough clean. Electric toothbrush heads should be changed about every three months to ensure that you are getting the best clean possible. Kids also benefit from using the electric toothbrush, which is why Sonicare makes a brush specifically for kids with their small hands and mouths. If you are interested in learning more about the Sonicare brush for both adults and kids or having us customize heads for your current Sonicare brush, let your hygienist know during your next appointment.

